



Gestig 1855 Founded

# GYM TIMES

## Monday, Tuesday & Wednesday

Private clients: 07:20 – 13:00, 16:45 – 18:00

Sports teams: 14:30 – 16:45

Learners: 13:45 – 14:30, 16:45 – 18:00

## Thursday

Private clients: 07:20 – 13:00, 16:45 – 17:40

Sports teams: 14:30 – 16:45

Learners: 13:45 – 14:30, 16:45 – 17:40

## Friday

Private clients: 07:20 – 16:00

Learners: 13:45 – 16:00

**Saturday, Sunday & School Holidays**

**Closed**