



Gestig 1855 Founded

# GREY KOLLEGE SEKONDÊR COLLEGE SECONDARY

A SOUTH AFRICAN PARALLEL MEDIUM SCHOOL FOR BOYS

'N SUID-AFRIKAANSE PARALLELMEDIUMSKOOL VIR SEUNS

## Medical Kit / Self-Medikasie

Schools and Hostels received a notification regarding the dispensing of medication to Scholars. We suggest that you use your own discretion for the medical kit that needs to be locked up in your son's locker. It can also be used when on tour. Please keep your son's chronic medications, allergic reactions, etc. in mind.

Kennisgewing is ontvang dat Skole / Koshuise nie meer medikasie aan leerders mag verskaf nie. Ons stel voor dat u 'n klein noodhulp sakkie vir u seun saamstel wat in sy kas toegesluit moet word en ook tydens toere gebruik kan word. Gebruik asb. u eie diskresie en neem u seun se kroniese medikasie en enige allergiese reaksies, in ag.

- 6x Panados (all medication must be labeled clearly, indicating the dosage and reason for use)
- 10x Myprodol / IBUMOL and or Mybulen (pain / fever)
- 2x Celestamine tablets / ALLERGEX for bee-sting or allergic reactions
- 6x Valoid or Motilium (prevents nausea / keer naarheid en braking)
- 4x Imodium or Kantrexil (stops diarrhea)
- 10x Scopex / Buscopan (relax spasms and relieve abdominal pain / maagkrampe)
- 1x 10ml eye drops
- 1x Bactroban ointment / salf
- 1x Meladerm cream (expensive, but very good for wound treatment - not compulsory)
- 1x Voltaren gel
- 1x Small pack or a few pieces of cotton
- 1x Dettol or other disinfectant (smallest bottle)
- 1x Pack waterproof plasters / pleisters
- 5x 10x10 cm gauze (gaas)
- 3x 100mmx4.5m Crepe Bandages
- 1x bottle Energade / Powerade should be kept in locker (helps when suffering from diarrhea)
- 2x bags of rehydrate
- 1x Corenza C, ACC 200, Sinumax or Sinupret, Strepsils, Cough Medicine, Iliadin nose spray
- 1x Box tissues

All medicine should be clearly marked and in original containers. Expiry dates should be checked and an inventory of stock should be done at the end of each term. A see through container may work well and it may be handy if you make a list with the items and how / when it should be used. The Matrons will always be available to assist. Alle medikasie moet in 'n oorspronklike verpakking wees, kontroleer vervaldatums gereeld en hervul u seun se medikasie asb. elke kwartaal. Dit kan verpak wees in 'n deurskynende plastiek houer of enige ander formaat. 'n Lys wat elke item en die gebruik daarvan beskryf, sal handig wees. Die Matrones is ten alle tye beskikbaar om u seun te help.