



Gestig 1855 Founded

# Oefentye 2017 Practice times

# Gholf

- Maandae 14:30 tot 17:00
- Woensdae 14:30 tot 17:00
- Donderdae 14:30 tot 17:00

- Personeel Betrokke

- Mnr Martin Jansen van Rensburg [mjvrensburg@gc.co.za](mailto:mjvrensburg@gc.co.za)
- Mnr Tewie Wessels [twessels@gc.co.za](mailto:twessels@gc.co.za)



# Tennis

- |              |                |                                 |
|--------------|----------------|---------------------------------|
| • Mondays    | 15:30 to 17:15 | Seniors and Gr. 8               |
| • Tuesdays   | 15:30 to 17:15 | Gr. 8                           |
| • Wednesdays | 14:00 to 17:00 | League and 2 <sup>nd</sup> Team |
| • Thursdays  | tba            | Senior practice                 |

- Staff involved

- Mr Naresh Mahabeer
- Mr Gustav Fichardt

[naresh@gc.co.za](mailto:naresh@gc.co.za)



# Stoei

- Maandae 15:30 tot 16:15
- Woensdae 15:30 tot 16:15

- Personeel Betrokke

- Mnr Chris Steyn

[cstevn@ec.co.za](mailto:cstevn@ec.co.za)



# Squash

• Mondays	17:30 – 18:15	New Courts	1 <sup>st</sup> Team
	17:00 – 17:45	New Courts	2 <sup>nd</sup> Team
	17:00 – 17:45	Old Courts	3 <sup>rd</sup> Team
	15:30 – 17:00	Old Courts	4 <sup>th</sup> Team
	TBA	TBA	5 <sup>th</sup> Team
• Tuesdays	17:00 – 17:45	New Courts	1 <sup>st</sup> team
	17:30 – 18:15	Old Courts	2 <sup>nd</sup> Team
	16:00 – 17:00	Old Courts	Challenges



# Squash

- Wednesdays
  - 17:30 – 18:15 New Courts 1<sup>st</sup> Team
  - 17:00 – 17:45 New Courts 3<sup>rd</sup> Team
- Thursdays
  - 16:00 – 16:45 New Courts 2<sup>nd</sup> Team
  - 17:00 – 18:00 New Courts 4<sup>th</sup> Team
- Staff involved
  - Me Kare Venter [kventer@gc.co.za](mailto:kventer@gc.co.za)
  - Mnr Flos Pretorius [fpretorius@gc.co.za](mailto:fpretorius@gc.co.za)



# Rugby – Voor seisoen Oefeninge

• Maandae	16:30	Windmill B	/14
	16:30	Gimnasium	/15
	14:15	Gimnasium	/16
	15:00	Hoof veld	/19 Groep 2
	16:00	Gimnasium	/19 Groep 2
	15:00	Gimnasium	/19 Groep 1
	16:00	Hoof veld	/19 Groep 1

- Personeel Betrokke
  - Mnr Wessel du Plessis

[wduplessis@pc.co.za](mailto:wduplessis@pc.co.za)



# Rugby – Voor seisoen Oefeninge

• Dinsdae	16:30	Windmill B	/14
	14:30	Gimnasium	/15
	05:00	Windmill B	/15
	05:00	Windmill A	/16
	15:30	Gimnasium	/16
	15:30	Windmill A	/19 Groep 2
	05:00	Gimnasium	/19 Groep 2
	15:30	Hoof veld	/19 Groep 1

- Personeel Betrokke
  - Mnr Wessel du Plessis

[wduplessis@gc.co.za](mailto:wduplessis@gc.co.za)





# Rugby – Voor seisoen Oefeninge

• Woensdae	05:15	Windmill B	/14
	14:30	Gimnasium	/15
	15:30	Gimnasium	/16
	15:30	Hoof veld	/19 Groep 2
	05:00	Gimnasium	/19 Groep 2
	14:30	Hoof veld	/19 Groep 1
	16:00	Gimnasium	/19 Groep 1

- Personeel Betrokke
  - Mnr Wessel du Plessis

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# Rugby – Voor seisoen Oefeninge

• Donderdae	14:30	Gimnasium	/14
	14:30	Gimnasium	/15
	16:30	Windmill B	/15
	15:00	Gimnasium	/16
	16:30	Windmill B	/16
	16:00	Windmill A	/19 Groep 2
	15:00	Gimnasium	/19 Groep 2
	15:30	Hoof veld	/19 Groep 1
	05:00	Gimnasium	/19 Groep 1

- Personeel Betrokke
  - Mnr Wessel du Plessis

[wduplessis@gc.co.za](mailto:wduplessis@gc.co.za)



# Rugby – Voor seisoen Oefeninge

- Vrydae
  - 05:00 Gimnasium /15
  - 05:00 Gimnasium /16
  - 05:00 Gimnasium /19 Groep 1

- Personeel Betrokke

- Mnr Wessel du Plessis

[wduplessis@pc.co.za](mailto:wduplessis@pc.co.za)



# Hockey

• Mondays	14:30 – 15:15	18A	Gymnasium
	15:30 – 16:30	18A	Astro
	16:30 – 17:30	16A	Astro
	16:30 – 17:30	18 Strikers	Astro
• Tuesdays	14:30 – 15:15	18A 16A	Gymnasium
	15:30 – 17:00	18A	Astro
	17:00 – 17:30	18 Midfielders	Astro



# Hockey

- Wednesdays
  - 14:30 – 15:15 16A Gymnasium
  - 15:30 – 16:30 16A Astro
- Thursdays
  - 15:30 – 17:00 18A Astro
  - 17:00 – 17:30 18 Defenders Astro
- Staff involved
  - Mr Wayne Coetzee [wcoetzee@gc.co.za](mailto:wcoetzee@gc.co.za)

